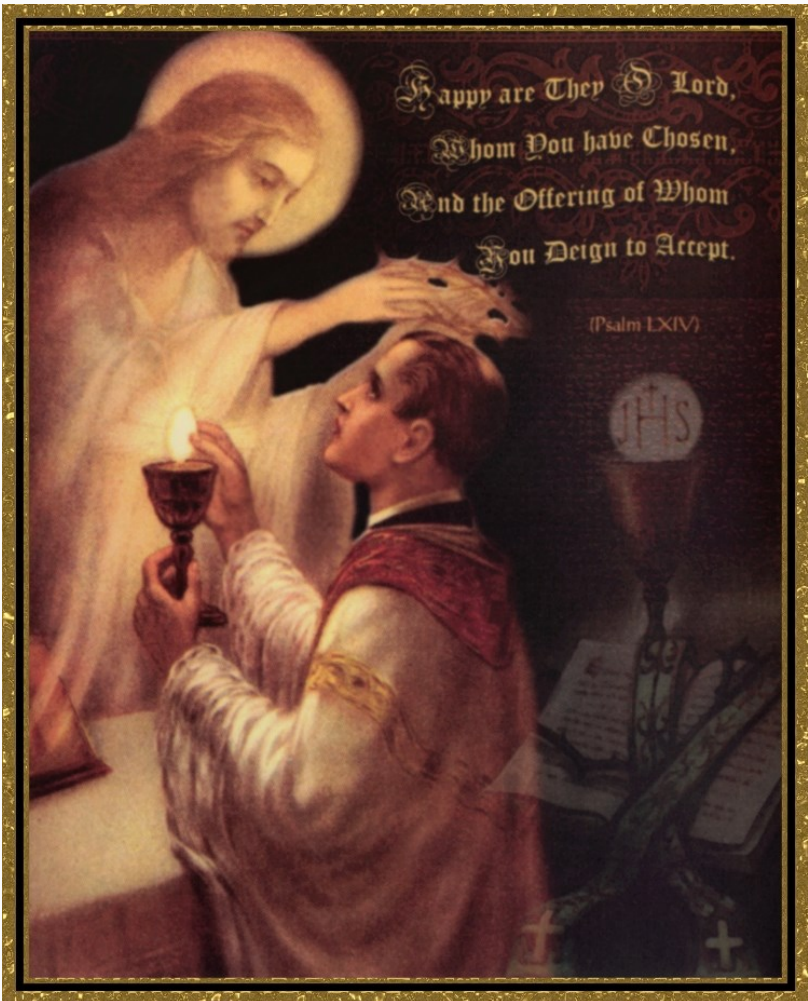




SPIRITUAL DIRECTOR GUIDELINES



Welcome

Thank you for answering the call to be the spiritual director on this pilgrimage. You are integral in the spiritual nourishment our pilgrims are seeking. We have heard from numerous individuals the impact a spiritual director has on their pilgrimage experience. Your guidance and care for our pilgrims bears fruit far beyond the time you spend together. There are a multitude of reasons why a person embarks on a pilgrimage yet it all stems from the same desire – to learn more of and deepen their faith. While visiting Holy sites are deeply moving, when combined with spending time together in prayer as a group it has a profound impact on all.

We understand that being on a pilgrimage while leading a group with many personalities and different levels of spirituality is not easy. Please know the tour escort is available to you should you have any questions, concerns or need assistance with logistics during the pilgrimage. In an effort to assist you, below are a few guidelines and suggestions to implement throughout the pilgrimage.

1) Mass & Reconciliation

Requirements: *Celebret ID (priest ID), English Missal, Priest Collar (to be worn daily), Stole, Alb & Cinture.*

Mass will be celebrated daily and you will be provided with the Mass schedule prior to departure. Please ensure to involve pilgrims for readings, responsorial psalm, prayer of the faithful and music. Additionally, there may be pilgrims who are Eucharistic ministers in their home parish and willing to assist. *(Note: Hymns can be found starting on page 45 of the Prayer & Song Booklet.)*

The sacrament of reconciliation should be made available to all throughout the pilgrimage. The specific time and location is up to your discretion and what fits best in the itinerary.

2) Prayers/Devotions

There are many opportunities to include prayer in group during the pilgrimage. Some suggestions for places to gather in prayer are:

- On the bus while taking in the scenery.
- At a Holy site (time permitting).
- Arranging a conference room at the hotel for prayer before or after breakfast/dinner.

As requested for the Mass, it's important to involve everyone who is willing to participate in the recitation of prayers/devotions. Taking into account the various levels of spirituality of our pilgrims your leadership is appreciated. The below prayers should be said daily - time and location permitting:

- **Grace before Meals** – page 16 in the Prayer & Song Booklet
- **Morning & Evening Prayer** – refer to the Magnificat
- **Rosary** – page 41 in the Prayer & Song Booklet
- **Divine Mercy Chaplet** – page 7 in the Prayer & Song Booklet

For the Stations of the Cross a separate booklet has been included for all to use when needed.

3) Group Sharing

We encourage you to gather with the group for a sharing of experiences during the pilgrimage and especially the day prior to departure. We are sure it will be a moment all will cherish. We ask you to take this opportunity to bless any religious articles purchased during the pilgrimage.

Thank You

Once again we thank you for accepting the mission to shepherd our pilgrims. We pray that your journey together will have a fruitful ripple effect for years to come.

